

VJK KB Diksmuide 26: Session: 3: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mackens Vicky HEADCOACH

Coaches: Claes Steven

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 27: 100M FREESTYLE WOMEN 13-14					Heat:3, starttime: 08:59
Heat: 3/8 Lane : 7 Athlete: VAN ROY ONAH					Q-time: 01:05:66
PB (25m pool): 01:05.66 LEUVEN 22/02/2026			PB (50m pool): 01:08.29 SB: 01:07.85 Sint-Pieters-Leeuw 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.16		01:05.66	
	00:31.16		00:34.50		
					

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14					Heat:3, starttime: 09:12
Heat: 3/7 Lane : 5 Athlete: JACQUEMYNS KOBE					Q-time: 01:03:58
PB (25m pool): 01:03.58 Leuven 04/10/2026			PB (50m pool): 01:04.12 SB: 01:03.58 Leuven 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.56		01:03.58	
	00:30.56		00:33.02		
					

Coach feedback:

Event number: 28: 100M FREESTYLE MEN 13-14					Heat:6, starttime: 09:17
Heat: 6/7 Lane : 5 Athlete: VANOLANDE THIBAUT					Q-time: 00:58:16
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 30: 50M FREESTYLE MEN 15-16										Heat:6, starttime: 09:32	
Heat: 6/6 Lane : 1 Athlete: VANSTECHELMAN LUCAS										Q-time: 00:25:85	
PB (25m pool): 00:25.85 Leuven 04/10/2026					PB (50m pool): 00:26.67 SB: 00:25.85 Leuven 04/10/2026						
	2 5 M		5 0 M								
PB			00:25.85								
			00:25.85								
											

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11-12							Heat:6, starttime: 09:50	
Heat: 6/10 Lane : 2 Athlete: DELCOIGNE ELLA							Q-time: 02:52:53	
PB (25m pool): 02:52.98 Tienen 27/09/2026				PB (50m pool): 02:52.53 SB: 02:52.98 Tienen 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.35		no time		no time		02:52.98
	00:36.35							
								

Coach feedback:

Event number: 31: 200M MEDLEY WOMEN 11-12							Heat:9, starttime: 10:00	
Heat: 9/10 Lane : 4 Athlete: NDIAYE MAï							Q-time: 02:42:76	
PB (25m pool): 02:41.48 Sint-Pieters-Leeuw 18/10/2026				PB (50m pool): 02:46.53 SB: 02:41.48 Sint-Pieters-Leeuw 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.20		no time		no time		02:41.48
	00:34.20							
								

Coach feedback:

Event number: 32: 200M MEDLEY MEN 11-12							Heat:3, starttime: 10:15	
Heat: 3/10 Lane : 3 Athlete: VAN DER MEIREN WILLIAM							Q-time: 02:58:07	
PB (25m pool): 02:58.07 Leuven 04/10/2026				PB (50m pool): 03:05.00SB: 02:58.07 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.88		01:26.08		02:19.95		02:58.07
	00:39.88		00:46.20		00:53.87		00:38.12	
								

Coach feedback:

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Event number: 37: 200M MEDLEY WOMEN 13-14							Heat:3, starttime: 11:39	
Heat: 3/6 Lane : 7 Athlete: VAN ROY ONAH							Q-time: 02:43:20	
PB (25m pool): 02:43.20 Dilbeek 10/05/2026				PB (50m pool): 02:49.20 SB: 02:45.29 Sint-Pieters-Leeuw 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.53		no time		no time		02:43.20
	00:33.53							
								

Coach feedback:

Event number: 37: 200M MEDLEY WOMEN 13-14							Heat:5, starttime: 11:46	
Heat: 5/6 Lane : 2 Athlete: WYFFELS LOUISE MARIE							Q-time: 02:37:15	
PB (25m pool): 02:40.19 Sint-Pieters-Leeuw 18/10/2026				PB (50m pool): 02:37.15 SB: 02:40.19 Sint-Pieters-Leeuw 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.22		no time		no time		02:40.19
	00:34.22							
								

Coach feedback:

Event number: 38: 200M MEDLEY MEN 13-14							Heat:4, starttime: 12:02	
Heat: 4/6 Lane : 2 Athlete: JACQUEMYNS KOBE							Q-time: 02:34:79	
PB (25m pool): 02:34.79 Tienen 27/09/2026				PB (50m pool): 02:40.04 SB: 02:34.79 Tienen 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.19		no time		no time		02:34.79
	00:33.19							
								

Coach feedback:

Event number: 38: 200M MEDLEY MEN 13-14							Heat:6, starttime: 12:08	
Heat: 6/6 Lane : 1 Athlete: VANOLANDE THIBAUT							Q-time: 02:26:46	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: